

Monday 9/24	Tuesday 9/25	Wednesday 9/26	Thursday 9/27	Friday 9/28
<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will be able to differentiate between stress and stressor; describe different types of stressors; identify the hormone that is released when a stressor is identified; explain how stress can make you sick.</p> <p>Assignment In class—Notes & discussion Take home & return—None</p> <p>Upcoming event None</p>	<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will demonstrate mastery of concepts related to mental disorders on written worksheets.</p> <p>Assignment In class—Review packet Take home & return—Work not completed in class</p> <p>Upcoming event None</p>	<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will be able to define resiliency and prioritize; describe how a positive attitude can change the stress response; explain how to efficiently manage time.</p> <p>Assignment In class—Notes & discussion Take home & return—None</p> <p>Upcoming event None</p>	<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will be able to describe the grief process; define funeral; explain how to help someone deal with loss.</p> <p>Assignment In class—Notes & discussion Take home & return—None</p> <p>Upcoming event None</p>	<p>Health-9 Standards 10.1.12.A—Evaluate factors that impact growth and development during adulthood and late adulthood. 10.1.12.B—Evaluate factors that impact the body systems and apply protective/preventive strategies. 10.1.12.E—Identify & analyze factors that influence the prevention & control of health problems. 10.2.12.A—Evaluate health care products & services that impact adult health practices. 10.2.12.B—Assess factors that impact adult health consumer choices. 10.2.12.C—Analyze the impact of violence on the victim and the surrounding community.</p> <p>Objectives Students will be able to define suicide; describe why suicide is a serious problem for teens; identify the warning signs for suicide; explain what action to take if a friend is thinking about suicide.</p> <p>Assignment In class—Notes & discussion Take home & return—None</p> <p>Upcoming event None</p>
<p>PE-11 Standards 10.4.12.A—Evaluate and engage in an individualized</p>		<p>PE-11 Standards 10.4.12.A—Evaluate and engage in an individualized physical</p>		<p>PE-11 Standards 10.4.12.A—Evaluate and engage in an individualized</p>

<p>physical activity plan that supports achievement of personal fitness and activity goals and promotes life-long participation. 10.4.12.D—Evaluate factors that affect physical activity and exercise preferences of adults. 10.4.12.E—Analyze the interrelationships among regular participation in physical activity, motor skill improvement, and the selection and engagement in lifetime physical activities. 10.5.12.A—Apply knowledge of movement, movement skills, skill-related fitness, and movement concepts to identify and evaluate physical activities that promote personal lifelong participation. 10.5.12.B—Incorporate and synthesize knowledge of motor skill development concepts to improve the quality of motor skills. 10.5.12.C—Evaluate the impact of practice strategies on skill development and improvement. 10.5.12.F—Analyze the application of game strategies for different categories of physical activities. <u>Objectives/Assignment</u> Students will engage in a variety of lifetime physical activities. <u>Upcoming event</u> None</p>		<p>activity plan that supports achievement of personal fitness and activity goals and promotes life-long participation. 10.4.12.D—Evaluate factors that affect physical activity and exercise preferences of adults. 10.4.12.E—Analyze the interrelationships among regular participation in physical activity, motor skill improvement, and the selection and engagement in lifetime physical activities. 10.5.12.A—Apply knowledge of movement, movement skills, skill-related fitness, and movement concepts to identify and evaluate physical activities that promote personal lifelong participation. 10.5.12.B—Incorporate and synthesize knowledge of motor skill development concepts to improve the quality of motor skills. 10.5.12.C—Evaluate the impact of practice strategies on skill development and improvement. 10.5.12.F—Analyze the application of game strategies for different categories of physical activities. <u>Objectives/Assignment</u> Students will engage in a variety of lifetime physical activities. <u>Upcoming event</u> None</p>		<p>physical activity plan that supports achievement of personal fitness and activity goals and promotes life-long participation. 10.4.12.D—Evaluate factors that affect physical activity and exercise preferences of adults. 10.4.12.E—Analyze the interrelationships among regular participation in physical activity, motor skill improvement, and the selection and engagement in lifetime physical activities. 10.5.12.A—Apply knowledge of movement, movement skills, skill-related fitness, and movement concepts to identify and evaluate physical activities that promote personal lifelong participation. 10.5.12.B—Incorporate and synthesize knowledge of motor skill development concepts to improve the quality of motor skills. 10.5.12.C—Evaluate the impact of practice strategies on skill development and improvement. 10.5.12.F—Analyze the application of game strategies for different categories of physical activities. <u>Objectives/Assignment</u> Students will engage in a variety of lifetime physical activities. <u>Upcoming event</u> None</p>
<p>PE-8 Standards 10.4.9.A—Analyze and engage in physical activities that are</p>	<p>PE-8 Standards 10.4.9.A—Analyze and engage in physical activities that are</p>	<p>PE-8 Standards 10.4.9.A—Analyze and engage in physical activities that are</p>	<p>PE-8 Standards 10.4.9.A—Analyze and engage in physical activities that are</p>	<p>PE-8 Standards 10.4.9.A—Analyze and engage in physical activities that are</p>

<p>developmentally/individually appropriate and support the achievement of personal fitness and activity goals.</p> <p>10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management.</p> <p>10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement.</p> <p>10.5.9.A—Describe and apply the components of skill-related fitness to movement performance.</p> <p>10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement.</p> <p>10.5.9.C—Identify and apply practice strategies for skill improvement.</p> <p>10.5.9.F—Describe and apply game strategies to complex games and physical activities.</p> <p>Objectives/Assignment Students will engage in Ultimate Frisbee activities.</p> <p>Upcoming event None</p>	<p>developmentally/individually appropriate and support the achievement of personal fitness and activity goals.</p> <p>10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management.</p> <p>10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement.</p> <p>10.5.9.A—Describe and apply the components of skill-related fitness to movement performance.</p> <p>10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement.</p> <p>10.5.9.C—Identify and apply practice strategies for skill improvement.</p> <p>10.5.9.F—Describe and apply game strategies to complex games and physical activities.</p> <p>Objectives/Assignment Students will engage in Ultimate Frisbee activities.</p> <p>Upcoming event None</p>	<p>developmentally/individually appropriate and support the achievement of personal fitness and activity goals.</p> <p>10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management.</p> <p>10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement.</p> <p>10.5.9.A—Describe and apply the components of skill-related fitness to movement performance.</p> <p>10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement.</p> <p>10.5.9.C—Identify and apply practice strategies for skill improvement.</p> <p>10.5.9.F—Describe and apply game strategies to complex games and physical activities.</p> <p>Objectives/Assignment Students will engage in Ultimate Frisbee activities.</p> <p>Upcoming event None</p>	<p>developmentally/individually appropriate and support the achievement of personal fitness and activity goals.</p> <p>10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management.</p> <p>10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement.</p> <p>10.5.9.A—Describe and apply the components of skill-related fitness to movement performance.</p> <p>10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement.</p> <p>10.5.9.C—Identify and apply practice strategies for skill improvement.</p> <p>10.5.9.F—Describe and apply game strategies to complex games and physical activities.</p> <p>Objectives/Assignment Students will engage in Ultimate Frisbee activities.</p> <p>Upcoming event None</p>	<p>developmentally/individually appropriate and support the achievement of personal fitness and activity goals.</p> <p>10.4.9.B—Analyze the effects of regular participation in moderate to vigorous physical activities related to adolescent health management.</p> <p>10.4.9.E—Analyze factors that impact the relationship between regular participation in physical activity and motor skill improvement.</p> <p>10.5.9.A—Describe and apply the components of skill-related fitness to movement performance.</p> <p>10.5.9.B—Describe and apply concepts of motor skill development that impact the quality of increasingly complex movement.</p> <p>10.5.9.C—Identify and apply practice strategies for skill improvement.</p> <p>10.5.9.F—Describe and apply game strategies to complex games and physical activities.</p> <p>Objectives/Assignment Students will engage in Ultimate Frisbee activities.</p> <p>Upcoming event None</p>
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